## It's a Girl!



She's here! Elizabeth Kate Lacy arrived January 19th, 2021 at 2 PM. She weighed 7 lbs 2 oz and was 20 inches long. Labor and delivery went smoothly and Sarah and Elizabeth are doing well. Thank you so much for your prayers and encouragement. We are back home and adjusting to life with another little one around. Samuel is learning to share his parents with his little sister. Please pray that he would not be too jealous of his sister as she takes a lot of attention away from him. He enjoys helping take care of her but is still learning that you have to be gentle with a baby.











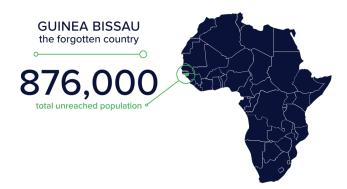
Thank all of you for praying for my (Travis's) sleep study. I was able to sleep for a few hours in the sleep lab so hopefully the neurologist will be able to get enough data to make a diagnosis. It was pretty hard to get to sleep with all of the electrodes hooked up to my head but praise God it only took me a few minutes. Please continue praying that the doctor would be able to determine what is causing my sleep problems and fatigue issues and be able to make some recommendations.

## Praises:

- For a smooth delivery and healthy baby
- Travis was able to sleep during his sleep study
- Samuel seems to be adjusting well to life with a new baby sister
- For God's provision

## **Prayer Requests:**

- That the doctor would be able to diagnose the cause of Travis's fatigue issues
- That Samuel would get used to sharing his parents with his baby sister
- For protection over our family's health
- For continued rest and renewal for our family
- For God's guidance on all future decisions
- Pray for the people groups of Guinea-Bissau (hoperemembered.org/pray/)



Check out our website at hoperemembered.org! If you feel led to partner with Hope Remembered and the work in Guinea-Bissau you can donate on our website or write a check and send it to the address below.

Our mailing address is: Hope Remembered P.O Box 5 Fosters, AL 35463

